

Dear Reader,

Thank you for choosing *A Boob's Life* for your book club!

Good Morning America, Glamour Magazine, People Magazine – and Salma Hayek all call it a “must-read.”

A Boob's Life has also been called “one of the best books for book clubs ever to read, as so very, very discussable” by Kathy L. Murphy, Int'l Pulpwood Queens Book Club. *A Boob's Life* is their Official Selection for May 2021.

A Boob's Life covers decades from the 1960's to present day.
Why not have a Theme Party?

Dress Code

1950's Cone bras
1960's Push-up bras
1970's Halter tops
1980's Corset bras
1990's Wonderbra
2000's Underwire
Today Sports bras

Snacks

Choose a food-related nickname for breasts: cantaloupes, chestnuts, coconuts, cream pies, cupcakes, double lattes, dumplings, flapjacks, grapefruits, honey hams, lollipops, Lunchables, marshmallows, meatballs, melons, milk jugs, nectarines, nuggets, peaches, tater tots, watermelons, yams, yum-yums, peaches, melons, hush puppies, pancakes, yams, cupcakes, watermelons.

There are so many topics to discuss in *A Boob's Life*!
Here are a few questions to get you started.

Discussion Questions

1. Everyone has a boob story. What is yours?
2. Do you have nicknames for your boobs?
3. Do you remember your first bra?
4. How do you feel about your boobs today?
5. When is the first time you noticed that you were treated differently as a girl?
6. Did you ever hide your breasts for work?
7. Do you think low cut dresses are empowering or exploitive?
8. Do you think it's okay to breastfeed in public?

9. Why do you think we've never had a woman President?
10. Do you ever judge other women by their bodies?
11. How many people do you know who have had breast cancer?
12. If you had the BRCA gene, would you have a mastectomy?
13. If you had cancer would you have reconstruction?
14. Did Covid kill the bra?
15. Would you let your daughter get breast implants?
16. Have you ever experienced domestic abuse?
17. How will you practice selfcare today?
18. Do you allow family members to have Playboy in the house?
19. Have you ever been paid less than a man?
20. How many bras do you have?
21. What do you tell daughters about being a woman? Your sons about being a man?
22. If you were writing a memoir, how much would you reveal? Why?

Party Game Ideas

Have a quiz with fun facts from the book.
Make a bingo game with nicknames of boobs.

Whatever you decide, have fun. And LOVE YOUR BOOBS!